



Dharma Circle Summary January 2022

The Love Story of the Universe: The Intensification of Intimacy

Democracies two hundred years ago were a new emergent self-order. They held a set of shared values. Today there's a collapse of values, which leads to the collapse of open societies in the world.

Closed societies cohere by imposing from without. Open societies can only survive if there is a code for self-organization and self-actualization. **In order to reconstruct open societies beyond polarization, we have to create a new emergent order of value, a new cultural enlightenment based on FPFV.**

We are poised between utopia and dystopia. Dystopia means the failure of the past and the present, and the stillbirth of the unborn.

We have to evolve not just our infrastructures (technology), and our social structures (law) but our super structure (the story on which holds it all).

Articulating the ground of the new cultural enlightenment:

- Reality is Evolution
- Evolution is the progressive deepening of intimacies.
- Evolution emerges from the **intensification of intimacy** (and experience)
- The new quality of intimacy incarnates a wider and deeper shared identity.
- Involves new forms of shared identities.

Two core formulas of interior's sciences:

Intimacy = shared identity

Eros = the movement of Reality towards larger wholeness

Shared identity and larger wholes are related: When a word is a First Value, there is nothing underneath the word.

Eros is a First Principles and First Values words.

When something blocks the possibility of intimacy, it means that there is something that's being split off from our identity, which needs to be included back into the shared intimacy. Whenever there is a conflict in a relationship, that is a challenge of intimacy: something wants to get on the table that is not on the table. If you resist it, it goes underground and undermines the intimacy.

For example, putting the desire for quivering tenderness back on the table; expressing anger or disappointment. If you resist it, it goes underground and undermines the intimacy, it changes the configuration of the parts. If you put it on the table you can play with it.

Intimacy is taking a truth that is actually there and you read it out. Similarly, in a chemical reaction there's allurements and deep Eros. It is a configuration of intimacy which come together in a specific pattern that is invisible in the material world. When you subject the interior world to an intensification of intimacy, then that intimacy discloses the patterns.

Intimacy intensifies:

This is structural to KOSMOS:

New identity includes and transcends the previous one: We including an emergent dimension without excluding the earlier dimension.

What causes the emergence of this new quality of intimacy? The intensification of intimacy itself, which is the intensification of experience.

Intensity of feeling means I can hold all the feelings, and not have to split anything off. Trauma is a dissociation of a particular feeling from the field of feeling.

When one feeling hijacks the field, you have to expand the field again, to have a larger experience of all contradictions that resolve themselves into larger wholes.

The sexual models Eros, or what it means to have shared identity:

Sexuality is an intensification of intimacy, it generates something new (one example is a baby). In another, it generates new qualities of experience, insight, reality.

New shared identity that comes from sexuality in its widest form – a play of EROS. (In Hebrew, the word for Eros is *sha'ashua*, it means PLAY. The play of intimacy)

When you take out of your identity a dimension of Reality you collapse:

Whenever you identify to one of the three selves, at the expense of another, your sense of self collapses.

Psychological Self:

Here, I identify with my past. It's the self who identifies to the Trauma of the past. It's the acknowledgement that the Past holds a treasure, and that when we re-experience, and intensify our experience of the past, we can become intimate with our past. We change relationship to it, that allows for healing.

Mystical Self:

Here, we learn to become intimate with the split off present. It's the classical notion of Eastern Enlightenment, wherein past and future are illusions.

Evolutionary Self:

Here, we bring into our identity the Memory of our future, in order to become whole. Wherein the Human being envisions the future, and accesses her desire for the future. When we are alienated from our desire for the future we can't be whole.

Each of these 3 selves, is calling us to become intimate with a time that was split off. To be a whole human being I need to be intimate – include in my identity – the past, present and future.

In order to heal the *Global Intimacy Disorder*, we must create the ground of a new cultural enlightenment, without which every open society will collapse.